

## Publications and Presentations

1. Nebiolo CM, Walden DB and *Nowicki KD*: The Role of Mitochondria in the Generation and Manifestation of Hybrid Vigor. **Maize Corporation Newsletter**, 1985.

2. *Nowicki KD*, Shall LM: Arthroscopic Release of a Post-traumatic Flexion Contracture in the Elbow: A Case Report and Review of the Literature. **Arthroscopy: The Journal of Arthroscopic and Related Surgery**, 8(4): 544-7, 1992.

Presented at the 44th Annual State Meeting of the Virginia Orthopaedic Society in Williamsburg, Virginia - April 1991.

3. *Nowicki KD*, McBride GG: An Economic Analysis of Limited Stay versus Inpatient Primary Lumbar Disc Surgery.

Presented at the Annual Scientific Program of the Florida Orthopaedic Society in Manalapan, Florida - November 1993.

Presented at the Southern Medical Association's Conference for Residents and Fellows in Orlando, Florida - November 1994.

4. *Nowicki KD*: Shoulder Injuries in Triathletes. An Anatomic Perspective.

Presented at the Third Annual Southlake Ironman Triathlon Symposium in Clermont, Florida - October 1993.

5. *Nowicki KD* and Connolly J: Tibial Shaft Fracture Characteristics at Large Level I Trauma Center. The Significance of Fibular Fractures for Tibial Fracture Healing and the Prognostic Significance of the Initial Fracture Characteristics.

Presented at the Annual Scientific Program of the Florida Orthopaedic Society in Naples, Florida - November 1994.

6. The MCL and LCL. The *Other* Crucial Ligaments.

Presented at the University of Cincinnati Sports Medicine Grand Rounds, Cincinnati, Ohio - November 1995.

## **Publications and Presentations (continued)**

7. Elbow Problems in the Throwing Athlete.

Presented at the University of Cincinnati Sports Medicine Grand Rounds, Cincinnati, Ohio - April 1996.

Presented at the Orlando Regional Medical Center Grand Rounds, Orlando, Florida - May 2000.

8. Harding WG, *Nowicki KD*, Perdue Jr. PS, Heidt Jr. RS, Stroupe AL, Cohen BK: Managing Anterior Shoulder Instability with Bracing. **The Journal of Musculoskeletal Medicine**, 14(6): 54-58, 1997.

9. Harding WG and *Nowicki KD*: Plane Talk About Shoulder Radiographs. **The Physician and Sports Medicine**, 26(2): 117-118, 1998.

10. Shoulder Bracing.

Presented at the American College of Sports Medicine, Orlando, Florida – June, 1998.

11. Protective Equipment in Sports.

Moderated and presented at the American College of Sports Medicine Seattle, Washington – June 1999.

12. *Nowicki KD*, Hummer CD, Heidt Jr RS, and Colosimo AJ: Effects of iontophoretic versus injection administration of dexamethasone. **Medicine & Science in Sports & Exercise**, 34(8):1294-1300, 2004.

Presented at the American Academy of Orthopaedic Surgeons Specialty Day - San Francisco, CA, February, 1997.

13. Ruess BL, Harding WG and *Nowicki KD*: Managing anterior shoulder instability with bracing: an expanded update. **Orthopedics**, 27(6):614-8, 2004.